The Open and Honest Care: Driving Improvement programme aims to support organisations to become more transparent and consistent in publishing safety, experience and improvement data; with the overall aim of improving care, practice and culture.

Report for:
South Tees Hospitals NHS Foundation Trust

April 2016
2016/17
Open and Honest Care at South Tees Hospitals NHS Foundation Trust : April 2016

This report is based on information from April 2016. The information is presented in three key categories: safety, experience and improvement. This report will also signpost you towards additional information about the trust’s performance.

1. SAFETY

Safety thermometer

On one day each month we check to see how many of our patients suffered certain types of harm whilst in our care. We call this the safety thermometer. The safety thermometer looks at four harms: pressure ulcers, falls, blood clots and urine infections for those patients who have a urinary catheter in place. This helps us to understand where we need to make improvements. The score below shows the percentage of patients who did not experience any new harms.

- 96% of patients did not experience any of the four harms whilst an in patient in our hospitals
- 97% of patients did not experience any of the four harms whilst we were providing their care in the community setting
- 97% of patients did not experience any of the four harms in this trust.

For more information, including a breakdown by category, please visit:
http://www.safetythermometer.nhs.uk/

Health care associated infections (HCAIs)

HCAIs are infections acquired as a result of healthcare interventions. Clostridium difficile (C.difficile) and

The MRSA bacteria is often carried on the skin and inside the nose and throat. It is a particular problem in hospitals because if it gets into a break in the skin it can cause serious infections and blood poisoning. It is also more difficult to treat than other bacterial infections as it is resistant to a number of widely-used antibiotics.

We have a zero tolerance policy to infections and are working towards eradicating them; part of this process is to set improvement targets. If the number of actual cases is greater than the target then we have not improved enough. The table below shows the number of infections we have had this month, plus the improvement target and results for the year to date.

<table>
<thead>
<tr>
<th></th>
<th>C.difficile</th>
<th>MRSA</th>
</tr>
</thead>
<tbody>
<tr>
<td>This month</td>
<td>4</td>
<td>0</td>
</tr>
<tr>
<td>Trust Improvement target (year to date)</td>
<td>5</td>
<td>0</td>
</tr>
<tr>
<td>Actual to date</td>
<td>4</td>
<td>0</td>
</tr>
</tbody>
</table>

For more information please visit:
http://southtees.nhs.uk/patients-visitors/infection-control/
Pressure ulcers

Pressure ulcers are localised injuries to the skin and/or underlying tissue as a result of pressure. They are sometimes known as bedsores. They can be classified into four categories, with one being the least severe and four being the most severe. The pressure ulcers reported include all validated avoidable/unavoidable pressure ulcers that were obtained at any time during a hospital admission that were not present on initial assessment.

This month 45 category 2 - category 4 pressure ulcers were acquired during a hospital stay and there was also 59 in the community.

<table>
<thead>
<tr>
<th>Severity</th>
<th>Number of pressure ulcers in the hospital setting</th>
<th>Number of pressure ulcers in our community setting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category 2</td>
<td>44</td>
<td>50</td>
</tr>
<tr>
<td>Category 3</td>
<td>1</td>
<td>8</td>
</tr>
<tr>
<td>Category 4</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>

The pressure ulcers include all pressure ulcers that occurred from 0 hours after admission to this Trust.

In the hospital setting, so we know if we are improving even if the number of patients we are caring for goes up or down, we calculate an average called 'rate per 1,000 occupied bed days'. This allows us to compare our improvement over time, but cannot be used to compare us with other hospitals, as their staff may report pressure ulcers in different ways, and their patients may be more or less vulnerable to developing pressure ulcers than our patients. For example, other hospitals may have younger or older patient populations, who are more or less mobile, or are undergoing treatment for different illnesses.

Rate per 1,000 bed days: 1.54

In the community setting we also calculate an average called 'rate per 10,000 population'. This allows us to compare our improvement over time, but cannot be used to compare us with other community services as staff may report pressure ulcers in different ways, and patients may be more or less vulnerable to developing pressure ulcers than our patients. For example, our community may have younger or older patient populations, who are more or less mobile, or are undergoing treatment for different illnesses.

Rate per 10,000 Population: 1.40 Community Setting
Falls

This measure includes all falls in our hospitals that resulted in injury, categorised as moderate, severe or death, regardless of cause.

This month we reported 1 falls that caused at least 'moderate' harm.

<table>
<thead>
<tr>
<th>Severity</th>
<th>Number of falls</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moderate</td>
<td>1</td>
</tr>
<tr>
<td>Severe</td>
<td>0</td>
</tr>
<tr>
<td>Death</td>
<td>0</td>
</tr>
</tbody>
</table>

So we can know if we are improving even if the number of patients we are caring for goes up or down, we also calculate an average called 'rate per 1,000 occupied bed days'. This allows us to compare our improvement over time, but cannot be used to compare us with other hospitals, as their staff may report falls in different ways, and their patients may be more or less vulnerable to falling than our patients. For example, other hospitals may have younger or older patient populations, who are more or less mobile, or are undergoing treatment for different illnesses.

Rate per 1,000 bed days: 0.03

2. EXPERIENCE

To measure patient and staff experience we ask a number of questions. The idea is simple: if you like using a certain product or doing business with a particular company you like to share this experience with others.

The answers given are used to give a score which is the percentage of patients who responded that they would recommend our service to their friends and family.
The Friends and Family Test

The Friends and Family Test requires all patients, after discharge from hospital, to be asked: How likely are you to recommend our ward to friends and family if they needed similar care or treatment?

The hospitals had a score of 94.4% for the Friends and Family test*.

*This result may have changed since publication, for the latest score please visit:


During March 215 patients from 25 areas answered the following questions about their care in the hospital:

% agree or strongly agree

During my stay in hospital all staff have introduced themselves to me and told me who they are 99.0%

I feel I have been involved as much as I wanted to be in the decisions about my care and treatment 94.0%

I feel my family have been involved as much as I wanted them to be in decisions about my care and treatment 88.0%

Whenever I have been concerned or anxious about anything whilst in hospital, I have found a member of staff to talk to 97.0%

I feel I am given enough privacy when discussing my condition and / or treatment 96.0%

During my stay I feel I have been treated with kindness and compassion by:
- Nurses 99.0%
- Doctors 98.0%
- Other healthcare staff 97.0%

I always have access to the call bell when I need it 94.0%

The call bell has always been answered promptly and efficiently 81.0%

I feel fully informed by the ward team regarding my discharge from hospital 79.0%

I feel I received the care I required when I needed it most: 99.0%
3. IMPROVEMENT

Improvement story: we are listening to our patients and making changes

THEATRE teams can now see blood clotting results live on the big screen while they are being processed in the pathology lab. This innovative way of working means theatre teams see the test results much faster which enables them to deliver individually-tailored care to patients without delay.

The new system also potentially reduces the use of blood products which improves patient safety, increases efficiency and reduces demand on vital resources. When a patient is rushed into theatre suffering severe blood loss a blood sample is sent to the pathology lab at The James Cook University Hospital to be analysed on a TEG (Thromboelastograph) machine. The TEG machine assesses how a patient’s blood is clotting to work out what type of blood product (platelets, fresh frozen plasma etc) they actually need.

This is good news for patients as blood product transfusions can impact on morbidity so the less blood that is transferred the lower the risk of any complications.

Traditionally TEG machines are designed to be used by the doctor near to the patient but, as anaesthetist Elke Kothmann explains, this can take their attention away from the operating table for vital seconds.

“The idea is you are supposed to do the TEG test near to the patient so you can see the result developing,” she said. “But in reality it’s difficult to do the tests and if you don’t do it properly the results are useless. It’s a very skilled thing to do so we decided it was best carried out by experts in the pathology lab.

“Now if I have a bleeding patient in theatre I send a blood sample to the lab and they do the test extremely accurately and we can see the results via a live link in theatre so we instantly know what we need to do to treat the patient.

“This is great news for the patient as they get the full attention of the anaesthetist and the results are much quicker.

“Conventional clotting tests can take 45 minutes to get a blood result but now we have a much quicker turn around. It means we get all the benefits of near patient testing, but the test is done by a professional scientist in a quality controlled area. It’s like having a biomedical scientist in theatre with you!”