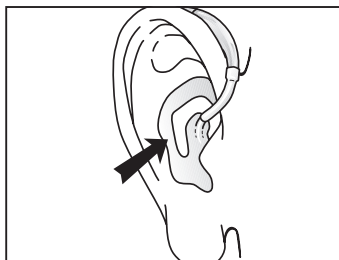
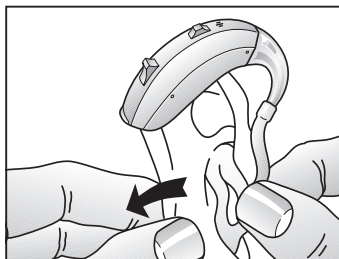
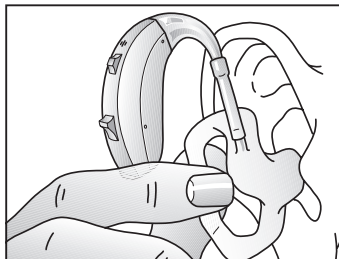


# Earmould insertion and removal

- 1 Hold the earmould between your thumb and index finger and position its sound outlet in your ear canal.
- 2 Slide the earmould all the way into your ear with a gentle, twisting movement.
- 3 Turn the top part of the earmould gently backwards and forwards so that it tucks behind the fold of skin above your ear canal.
- 4 Move the earmould up and down and gently press to ensure it is positioned correctly in the ear. Opening and closing your mouth can ease insertion.
- 5 Make sure the hearing instrument is seated behind the ear.

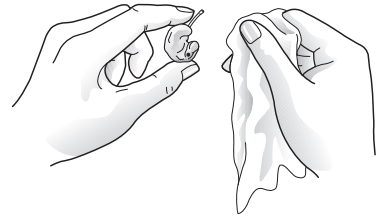


By experimenting, an easier method may be discovered. With proper insertion, hearing aids should fit snugly but comfortably. If the hearing aids cause irritation of the ears, contact your hearing care professional.

## Earmould insertion and removal (continued)

### Cleaning earmoulds

- 1 Remove the earmould and attached tubing from the hearing aids prior to cleaning.
- 2 Clean the earmould using a mild soap, and rinse with lukewarm water.
- 3 After cleaning, dry earmoulds thoroughly and remove any residual water and debris from the tubing utilising an air bulb, wire loop or by shaking the earmould vigorously to remove the water.



**i** *Earmould tubing may become stiff, brittle, or discoloured over time. Contact your hearing care professional regarding tube changes.*

Audiologist contact details:

The right choice for the NHS

ReSound Up™

UK 05.64 A 7.2017