



LEARNING

Do you know

- 30% of patients with long term physical health problems have mental health disorders compared with 9% of the general population.
- 46% of patients with mental health problem also have a physical health condition. The lifespan of people with severe mental illness (SMI) is shorter compared to the general population.
- Care is often is fragmented leading to poor outcomes and patient experience.

Don't let this happen to your patient:

- South Tees is committed to 'TREAT AS ONE'; addressing culture, process and education to ensure improved care for these patient groups.
- Well done! Patient experience reports tell us our patients with mental health disorder are treated with kindness and compassion but we need to more in order to make continued improvements.

What you need to do:

- We are aiming for all staff to have at least a basic understanding of mental health. Further education will be developed for targeted groups.
- Would you like to join the Treat as One Group or ask for further information; helen.day9@nhs.net
- **The below module is now mandatory.** It takes 15 minutes. Managers - Please monitor and keep local records of completion and send these on to sharon.kendrick1@nhs.net

<http://www.e-lfh.org.uk/programmes/mental-health-awareness-programme/>

'Mental health awareness for healthcare professionals'