

## MDT for PD<sup>1</sup>

Movement Disorder Team  
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- therapy services are important for people with PD
- includes:
  - ✓ physiotherapy
  - ✓ occupational therapy
  - ✓ speech and language therapy (\*follow link)
  - ✓ dietician
  - ✓ psychological therapy

### First steps

- does your patient require:
  - info on PD management?
  - local PD services?
  - self-management options?
  - social & charitable support?
  - Parkinson's UK information
- ✓ consider referral to self-management programme

### PD-specific issues

- difficulties with transfers
- freezing and festination
- reduced bed mobility
- impaired posture and movement
- reduced social, community and exercise engagement
- struggling to maintain employment
- ✓ refer to neuro physio
- ✓ refer to neuro OT

### Generalised impairments

- reduction in mobility
- reduced independence in ADLs
- difficulty with steps/stairs/access
- multiple co-morbidities
- ✓ refer for home ADL assessment
- ✓ refer to community physio
- ✓ refer to intermediate care team for short duration intervention

**Falls?**  
[follow link](#)