

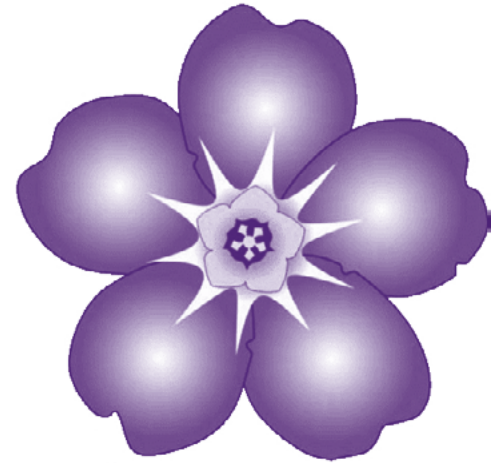
Forget me not

Hello. My name is

This leaflet will help to support you during your hospital stay.

Things I'd like you to know about me:

- I prefer to be called
- I now live in
- I was born and grew up in
- I work / worked as a



Things you need to know to care for me

What I like to drink

.....
.....

Food likes /dislikes

.....
.....

Usual sleep routine

.....
.....

Things I enjoy doing

.....
.....



What clothes I like to wear (eg tie/shirt or blouse/skirt)

.....
.....
.....

Things which may upset me or make me anxious

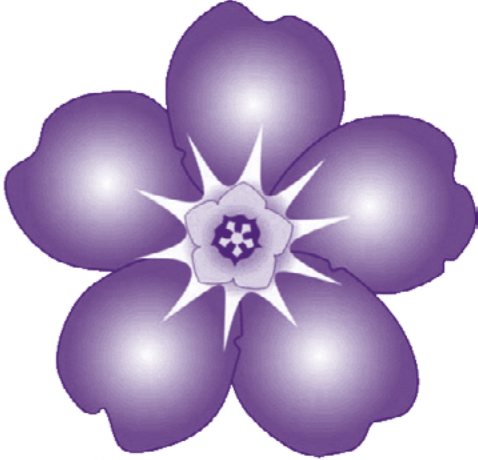
.....
.....

When I'm upset I feel better when

.....
.....

I'll let you know when I'm in pain by

.....
.....



People who are important to me are:

.....
.....

Things that have happened in my life which are important to me are:

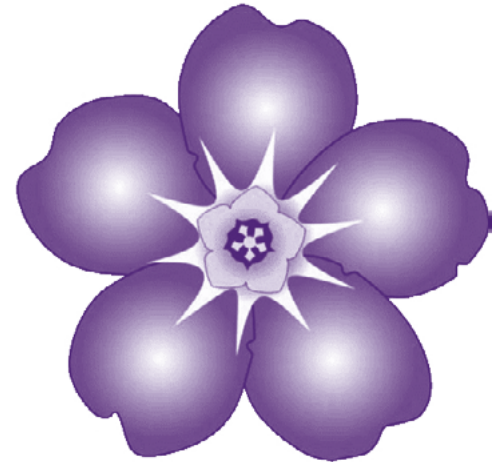
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Things I need to help me communicate are:

.....
.....

Things I may need help with are:

.....
.....



I am happy for this information to be placed near my bed for staff

Signed: **patient/carer*** **Date:**

* delete as applicable