

# Making the DIFFERENCE

Our  
HOSPITALS  
CHARITY



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# WELCOME TO OUR LATEST NEWSLETTER

I'd like to take this opportunity to thank all of our incredible supporters, and to assure you of the life-changing difference that your generous donations are making to staff and patients across Middlesbrough, Redcar & Cleveland and Hambleton & Richmondshire.

In the attached bulletin you'll be able to find out how your inspiring fundraising is directly improving the health and wellbeing of over one million people in our region. We'll also be looking at some of our latest news, updates and events, including our recent rebrand and the chance to win a new Vauxhall Corsa SE worth £16,500.

We're also looking for businesses and organisations of all shapes and sizes to become corporate partners. As well as helping to raise vital funds that enhance services, fund initiatives and improve patient care, it can help your

company meet CSR requirements, provide team building opportunities and directly promote your business to the local community. If you'd like to find out more, please get in touch.

Thanks once again for all your amazing support – it truly makes a difference to our amazing colleagues, patients and those closest to you.

**Ben Murphy**  
Head of Our Hospitals Charity

## WIN A CAR WHILE RAISING MONEY!

Fancy hitting the road in a new set of wheels? Thanks to a kind donation from Drive Vauxhall, we are raffling a brand new Vauxhall Corsa SE worth £16,500 in a drive to [support our kidney unit appeal](#).

Tickets are £5 each and proceeds will go towards The James Cook University Hospital's kidney unit appeal which is aiming to raise £500,000 to create a bright, modern and welcoming facility for patients while also increasing clinical space.

Tickets are on sale until Wednesday 29th September, with the winning ticket drawn on Thursday 30th September.

You can [purchase your lucky ticket here](#) or scan the QR code above.



## Our HOSPITALS CHARITY



## A REBRAND TO ENHANCE OUR NHS

We've recently rebranded the charity thanks to a generous gift from local brand agency, **Better**. Armed with a refined story and clarified beliefs, the new brand aims to raise awareness with the wider public and help us shout loud and proud about our mission to not only support NHS staff, but to improve the health and wellbeing of the region.

Our new brand is built around a powerful core purpose to 'enhance our NHS, for our nearest and dearest', which has been translated visually into a fresh look that's warm, welcoming and caring. A new name has also been introduced which is more local, relatable and descriptive, while bringing a personal and human touch to the fore.

[Watch Video](#)

# Kindness ROCKS



IN MEMORY OF AUGUST

When Jess Stephens gave birth to her beautiful baby boy August Joseph last year, it was love at first sight for her and her husband Adam – and together with his older sister Evelyn their family was complete.

Unbeknown to them, August was suffering from a rare and genetic condition with no cure that only affects boys, known as Ornithine Transcarbamylase (OTC) deficiency.

OTC is one of six enzymes that play a role in the breakdown and removal of nitrogen in the body; a process known as the urea cycle. This means August's body was unable to remove the waste from a feed.

Tragically two days later, Jess and Adam were left facing the most heart-wrenching decision a parent can imagine, to allow doctors to turn off his life support.

Jessica and her family have gone on to raise over £1,100 in memory of August, but as Jessica gave birth during the pandemic, her and Adam are making sure August's memory

lives on while bringing a smile to hospital wards where patients can't have visitors.

To keep August's memory alive and spread the kindness they received in their darkest moments, they came up with the idea for Kindness Rocks; a range of hand-decorated pebbles with a personal message which are delivered to patients on wards across the hospital.

The pebbles can be ordered by messaging the [Facebook page here](#), along with a £5 minimum donation to [August's JustGiving page](#).



## RUNNING 3000 MILES FOR OUR ICU COVID WARRIORS!

For more than a year since the pandemic was announced, colleagues working on the intensive care units at The James Cook University Hospital and The University Hospital of North Tees, have faced unprecedented number of admissions and very sadly, deaths of patients in the absence of their loved ones.

Now, James Cook's neonatal team are showing their appreciation to both teams by taking part in a fundraising run. While the same impact of COVID-19 was not experienced on the neonatal intensive care

unit, staff could still feel and appreciate the tremendous amount of physical and mental stress that the ITU colleagues had to overcome. The team also had colleagues, friends, neighbours and relatives that were admitted to both ITUs; with some sadly passing away.

This is a way of showing their respect, support and thanks for the excellent care and dedication provided by the teams. It's a small token of appreciation and pay recognition to our COVID warriors.

## THERAPEUTIC TOYS FOR CHILDREN IN EMERGENCY CARE

We were delighted to have been awarded a grant of £5,000 from **Cash for Kids North East**, which will be used to purchase equipment as well as sensory and therapeutic toys for children and young people attending the new emergency department at James Cook.

This will make such a difference to children who are in pain and frightened, with therapeutic toys and games providing a suitable distraction, ensuring the child and parent experience is as positive as can be under the circumstances.

Thank you so much Cash for Kids!



## HAPPY 90TH TO A LONG-SERVING VOLUNTEER

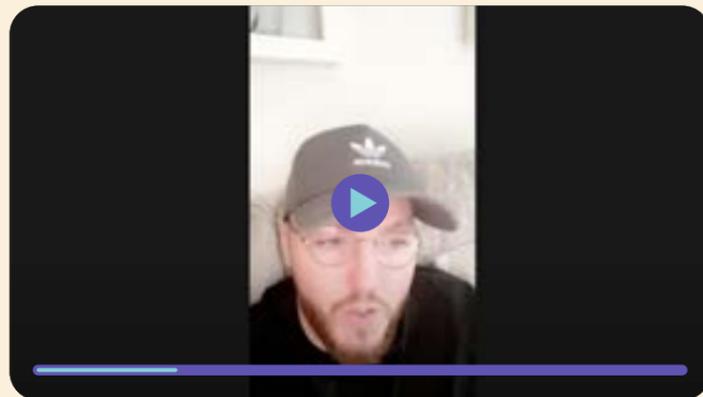
We would like to wish a very happy 90th birthday to Bill Waters! Bill is a volunteer for Our Hospitals Charity, and has been a volunteer for many years at the Friarage including supporting our MRI Scanner Appeal at the Friarage.

Thank you Bill and a very Happy Birthday.

## JAMES ARTHUR THANKS NHS STAFF, VOLUNTEERS AND FUNDRAISERS

We recently received a lovely message from James Arthur, thanking all our staff, volunteers and fundraisers for all their hard work and dedication over the last year.

Thank you James, it gives everyone a boost and means such a lot to hear you're thinking of us all.

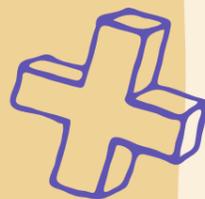


Watch Video



## INTERNATIONAL NURSES DAY

On May 12th we celebrated International Nurses Day, recognising the amazing work of all our nurses. We bought them all a cupcake and said thank you for everything they do, day in and day out, for patients, their families and colleagues.



## DEDICATED INTENSIVE CARE GARDEN

Intensive care colleagues at James Cook are appealing for support to help fund a dedicated outdoor garden spaces for patients, staff and family.

The psychological and emotional benefits of nature and time in gardens are well evidenced and result in improved mood, social functioning, emotional well-being and physical health.

The critical care garden will offer the opportunity to have a restful space for critical care patients, carers and loved ones who are all recovering from the impact of extremely difficult and traumatic circumstances. It also promises to have benefits to rehabilitation, as patients become re-acquainted with the outside world and use their senses to stimulate the healing process.

When not used by patients, the garden will also offer a quiet place for staff from the critical care unit to relax, reflect and take some time out.

Thanks to generous donations, the garden is well underway. As part of the first stage of transformation, an etching of Cleveland Hills has been installed to provide privacy and a sense of locality to the garden.

Thank you to everyone who has donated to our appeal. We will keep you updated on further progress.

If you'd like to support our appeal please [visit our JustGiving page](#).



# LIMITED EDITION TEE

BY MACKENZIE THORPE

ARTIST Mackenzie Thorpe has designed a limited edition t-shirt to help raise funds for hospitals across Teesside and North Yorkshire.

Mackenzie has created the t-shirts in partnership with Our Hospitals Charity to support staff and services at The James Cook University Hospital, Friarage Hospital and South Tees Hospitals NHS Foundation Trust's community health services.

The design is based on Mackenzie's 'Duffle Coat Child' and the bespoke 'People's Medal' pin badge he created for South Tees Hospitals NHS Foundation Trust during the COVID-19 pandemic.

"I'm so happy to be supporting this fantastic cause so close to my heart," said Mackenzie.

"Now, more than ever Our Hospitals Charity needs all the help it can get. So I hope as many people as possible pick up a t-shirt and wear it with pride."

The 100% organic cotton t-shirt is available in white, grey and black. A children's design is also available.

All tops are printed in the UK and every penny raised from sales will go to Our Hospitals Charity.

They are also available to buy from the charity hub at James Cook and the charity office at the Friarage.

"It's been really exciting to work with Mackenzie on this project and the finished product looks amazing," said Ben Murphy, head of Our Hospitals Charity.

[Purchase T-shirt](#)



“STOCKS ARE LIMITED SO GET YOURS BEFORE THEY ALL GO!”

All proceeds going to Our Hospitals Charity. Made from 100% organic cotton and printed in the UK.

# CHARITY GOLF DAY



Join us for the first Our Hospitals Charity Golf Day at Middlesbrough Golf Club, one of the premier clubs in the North East on Friday 20th August.

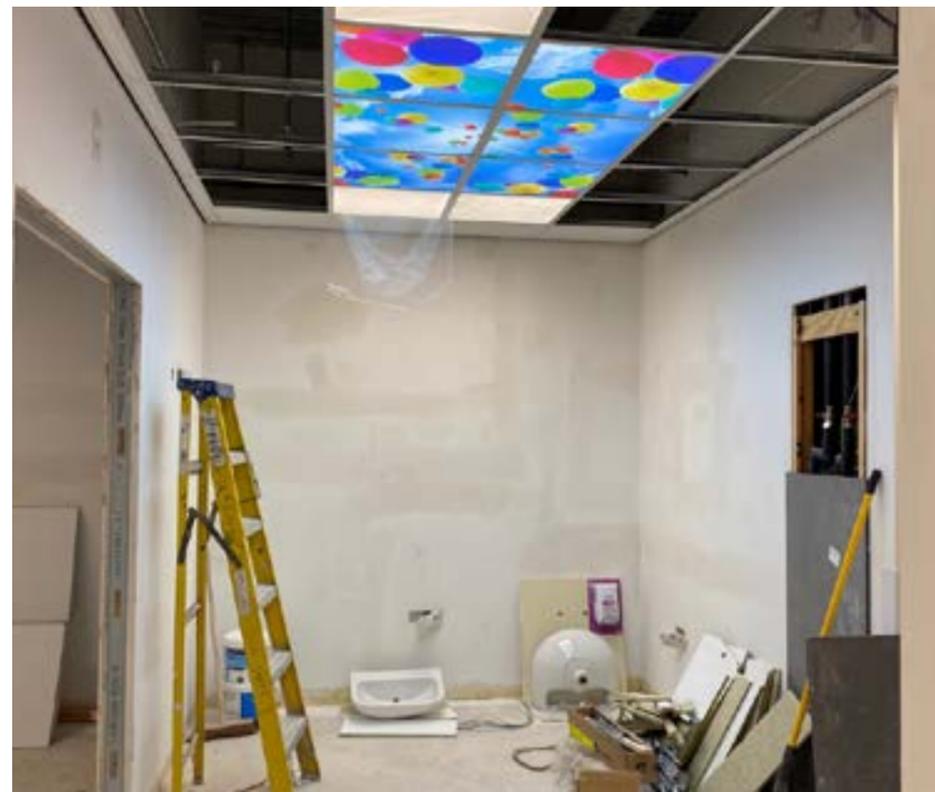
It's a great opportunity to spend the day on a beautiful course with friends whilst helping to raise funds for The James Cook University Hospital and the Friarage Hospital.

Registration opens from 9am with bacon rolls, and the day begins at 10am with a spectacular trick-shot show. Play starts from 11am with a shotgun start (Stableford best 2 from 4). On-course competitions will include longest drive, nearest the pin and beat the Pro.

After 18 holes, celebrate with a well earned drink and two-course dinner, followed by not-to-be-missed auction lots.

To register your team visit the Middlesbrough Golf Club website: [sthc.middlesbroughgolfclub.com](http://sthc.middlesbroughgolfclub.com)

For more information please email: [OurHospitalsCharity@nhs.net](mailto:OurHospitalsCharity@nhs.net).



## WATERCOLOUR PAINTING FOR THE CHILDREN'S SURGICAL DAY UNIT

Thanks to your generous donations we have been supporting the new paediatric surgical day unit at The James Cook University Hospital. We have received these beautiful watercolour paintings donated by [Little Snowdrop Designs](#).

Here's a sneaky look at the progress...

# THE NHS BIG TEA



Put the kettle on, reflect on a year like no other and raise money for the incredible people in our NHS who've done so much to help everyone get through the pandemic.

We want as many people as possible in the Tees Valley and North Yorkshire to get involved in the nation's biggest tea break - whilst adhering to the latest COVID guidelines.

The NHS Big Tea takes place on Monday 5th July at 3pm, and will thank NHS staff and volunteers for everything that they have done and continue to do while raising for our local hospitals.

Each event can be in person or virtual, with friends, family, neighbours or colleagues. Thousands are expected to host events and NHS Charities Together has produced a pack to help those events go with a swing. To take part and get your pack please contact us at [OurHospitalsCharity@nhs.net](mailto:OurHospitalsCharity@nhs.net).



## FRUITY THURSDAY

Thanks to NHS Charities Together and [McMahons Greengrocers of Stokesley](#), we provided fruit to our staff every Thursday in April



## CALENDAR FOR FANS OF BORO AND NOSTALGIA

Local artist [Philip Meadows](#) has designed a calendar to help raise money for the new children and young people's emergency department at The James Cook University Hospital.

Calendars are priced at £15 with all money going to Our Hospitals Charity. They're available to buy from [The Art House](#) on Linthorpe Road, Middlesbrough or from the Charity Hub at James Cook (opposite Costa).





## GET IN SHAPE WHILE FUNDRAISING

Wanting to get in shape or fancy testing your fitness levels? Then why not get your heart pumping by taking part in a fundraising sports day for your local hospital's neuro-rehabilitation ward.

We are encouraging people to dig out their trainers and join them on Saturday 3rd July at Hinderwell Sports Field in Saltburn-by-the-Sea. The day is being hosted by Harry Schofield, who when not working as a physiotherapist assistant at The James Cook University Hospital runs his own company - [CCW Fitness](http://www.ccwfitness.com).

Money raised from the event will be used to buy new equipment for the hospital's rehabilitation gym, which helps patients undertake specialist rehabilitation.

Booking is essential for each of the day's activities so make sure you do not miss out by signing up today via [coachingtheclevelandway@gmail.com](mailto:coachingtheclevelandway@gmail.com) or [www.ccwfitness.com](http://www.ccwfitness.com).

# Our RECENT SUPPORTERS

## INSPIRING FRIENDS COMPLETE WALKING CHALLENGE

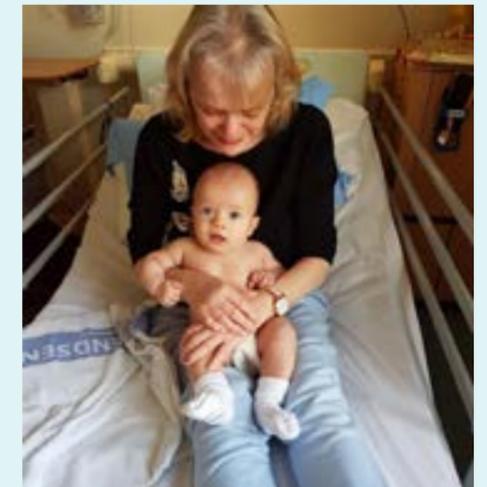
As part of the Captain Tom 100 Challenge, Hazel and Dorothy walked 100 miles to raise money for the intensive care unit of The James Cook University Hospital.

Just before Christmas 2019, Hazel, her daughter, Jayne and Hazel's baby grandson, Jaxon were involved in a road traffic accident which changed their lives forever.

Hazel was rushed to James Cook, whilst baby Jaxon was taken to the RVI in Newcastle. Hazel had extensive damage to the right side of her body with injuries including a broken hip in three places, four broken ribs and damage to major organs including her brain, liver and lungs. She was unable to breathe without a ventilator and was placed into an induced coma to aid her recovery.

She left James Cook just before the Covid crisis hit in March 2020, but her treatment is ongoing and helped by a team of specialists including experts in physiotherapy and neurology.

Now Hazel is able to walk short distances without a wheelchair, Hazel and her husband, John look forward to the day when they can meet one of Hazel's recovery goals and go on a walking holiday together.



Hazel and her friend, Dorothy completed the England Coast to Coast virtual challenge of 91 miles - and an extra 9 to make it 100 and raised a huge £1,400! Thank you for your incredible support, which will enable the ICU to continue their amazing work.



## A MILE A DAY FOR A MONTH

After spending a week on Ward 21 with Kawasaki disease, Indey aged 4, walked a mile a day during February; racking up 67.1 miles in total as a way of saying thank you to the doctors and nurses who took such good care of her.

Joined by her family bubble they walked in all weathers raising a fantastic £2,000 for the ward.

Her mum Rachel said: "We wanted to show our gratitude for the care we received. Dr Vani and the nurses on Ward 21 are our real life heroes!"

## SWEET CONES HELP RAISE MONEY

A huge thank you to Maisie and Annie for thinking of our South Tees Hospitals NHS Foundation Trust staff, by selling these delicious sweet cones to raise money for our hospitals charity.

The girls have already raised £300!

Thank you so much.



## DIAMOND PAINTING SAYS THANKS TO THE MAXILLOFACIAL SURGERY DEPARTMENT

Kendra Paterson created this amazing diamond painting as a way of saying thank you to the oral and maxillofacial surgery department at The James Cook University Hospital, who even in the height of COVID-19 still saw and treated her.

Kendra would also like to say a thank you to everyone at South Tees Hospitals NHS Foundation Trust for all the work they've done during the pandemic.



## SEAN'S ANNIVERSARY MARATHON

In 2013, Sean Dolan, fell into a wall playing indoor football. Sean fractured his skull, had a bleed on his brain and spent six days in a coma. He then had part of his skull removed and replaced with a titanium plate.

During this time his parents were told Sean may lose the use of his left side and may wake up with a personality change. They were then told to be prepared for the worst.

James Cook's intensive care and neuro ward not only prevented this from happening but supported Sean's rehabilitation and allowed him to make a recovery beyond all expectations.

Sean ran a virtual Great North Run and an anniversary marathon for Our Hospitals Charity as a thank you to the hospital - because seven years ago they made all of this possible!

Sean raised over £1,600 which takes his overall total to more than £13,000 over the years! Well done and thank you so much Sean.



## GENEROUS DONATIONS FROM REDCAR BEARS

Thank you to Redcar Bears Speedway who dropped off lots of Easter eggs and arts and crafts for our children's ward at The James Cook University Hospital over Easter.



## DAUGHTER AND MUM RAISE OVER £685

Catherine and daughter Dolly raised over £685 for the neonatal unit at James Cook University Hospital, as a thank you for the incredible care they received when Dolly was born at 33 weeks and given only a 20% chance of survival.

Thank you, Dolly and Cat for your incredible support!



## NEIGHBOURHOOD SPIDER-MAN RAISES FUNDS

A friendly neighbourhood Spider-Man, John Walker aged 3, has been very busy raising funds and saving the world!

John held a 'guess how many beans' in the jar fundraiser and raised a fantastic £72 for James Cook's kidney unit appeal.

Thank you John for being our superhero!

# HOW CAN YOU HELP?

If you'd like to get involved and support us [visit our website](#) or call **01642 854160** to find out about upcoming fundraising events.



## 100KM WALK WITH A DIFFERENCE

Huge well done to Sarah, Kath and colleagues who walked in full PPE for 24hrs covering 100km and raised over £1,600 for our Hospitals Charity.

Kath has worked in the NHS for 15 years, currently as an Occupational Therapist. Sarah undertakes NHS research and had life-saving surgery by NHS doctors. They recognised the strain the COVID pandemic has had on our health services, and inspired by the incredible efforts of Sir Captain Tom wanted to help in some way.



## MILEY DELIVERS EGGCELLENT GIFTS

Thank you to Miley McLoughlin aged 11 who kindly dropped off lots of Easter eggs for James Cook's University Hospital children's ward over Easter.

## IF YOU'D LIKE TO MAKE A DONATION YOU CAN DO IT THE FOLLOWING WAYS:

Just Giving Page

PayPal

Or call **01642 854296** to donate by credit/debit card



To get inspired with **our range of fundraising ideas**. No matter how big or small your donation, you'll be helping to ensure people in the Tees Valley and North Yorkshire can benefit from the best possible healthcare services and facilities.

\*If you'd like to be added to our mailing list to receive future bulletins please email [OurHospitalsCharity@nhs.net](mailto:OurHospitalsCharity@nhs.net) call **01642 854160**

If you would like to opt out please email [OurHospitalsCharity@nhs.net](mailto:OurHospitalsCharity@nhs.net)

**The James Cook University Hospital**  
Our Hospitals Charity (north entrance)  
Marton Road  
Middlesbrough  
TS4 3BW

**The Friarage Hospital**  
Our Hospitals Charity (near endoscopy)  
Northallerton  
North Yorkshire  
DL6 1JG



Charity No: 1056061