

The children's diabetes team are committed to supporting your child throughout their early years, primary, secondary and college education in regard to managing their diabetes.

**Children's diabetes nurses contact:
01642 854660**

Patient Experience

South Tees Hospitals NHS Foundation Trust would like your feedback. If you wish to share your experience about your care and treatment or on behalf of a patient, please contact The Patient Experience Department who will advise you on how best to do this.

This service is based at The James Cook University Hospital but also covers the Friarage Hospital In Northallerton, our community hospitals and community health services.

To ensure we meet your communication needs please inform the Patient Experience Department of any special requirements, i.e. Braille/ Large Print.

T: 01642 835964

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Diabetes support for your child's nursery, school or college

Information for parents and carers



The children's diabetes team are committed to supporting your child throughout their early years, primary, secondary and college education in regard to managing their diabetes. We can offer the following:

Support for children and young people newly diagnosed with diabetes

Aiming to support the return to nursery, school or college as soon as possible after diagnosis, we can provide educational sessions and support for members of staff. We like parents or carers to join us for these sessions when possible.

Comprehensive individual health care plans

Schools are provided with a comprehensive care plan for each child; this includes guidance on blood glucose monitoring, insulin administration, diet and carbohydrate counting, suggested daily routine, physical activity and residential trips. Individualised information on signs and symptoms of hypoglycaemia and hyperglycaemia are provided along with treatment and when to call for support. You can request a copy of this care plan.

Large scale school diabetes educational sessions

These are presented in several one hour sessions annually in secondary schools within the area. They are open to any professional working in a nursery, primary, secondary school or college. The aim is to facilitate comprehensive educational sessions promoting a high standard of care for children and young people with diabetes in education. Topics covered include all of those within the school health care plan.

Small scale school diabetes educational sessions

These can be arranged any time at staff, parent or child's request, the education will support any individual child and can involve both the diabetes nurse and dietitian.

Education sessions for children within school

These sessions can be arranged at the request of your child. A diabetes nurse will talk to their classmates about diabetes and will explain how they can support your child in school. This will be a fun and interactive session.

Telephone support for schools

Schools are welcome to contact the diabetes team at any time for support and advice; however schools are informed that parents and carers should be their first point of contact.

Support schools, child and family with school attendance

Diabetes should not interfere with school attendance and we will work alongside you to support school attendance. The diabetes team has close links with all schools within the area and if your child's attendance falls below the expected national level your school will contact us to gain support in this matter. We also would like you to contact us with any problems you may have regarding attendance.

Please ensure your child attends school before and after clinic appointments where possible.

If you would like to request diabetes support for your child's school or discuss any issues within this leaflet please contact the children's diabetes nurses on: **01642 854660**

Thank you.