

Urinary Tract Infection in Children

You have been given this information leaflet because your child has been diagnosed with a urinary tract infection.

A urine infection is caused by bacteria in the urine. These usually come from the bacteria that live in the bowel. Urine infections in children under age 5 years old are a common illness.



Symptoms of a urine infection

These may vary depending on the age of your child but include the following

- High temperature
- Vomiting or poor feeding
- Abdominal pain
- Generally unwell and lethargic
- Offensive smelling or cloudy urine
- Pain when passing urine or unexpected bed wetting

Investigation of a urine infection

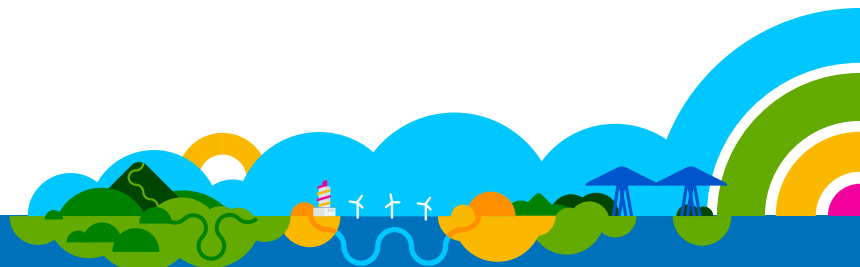
A sample of urine will be tested for the presence of bacteria in the department. A sample may also be sent for further testing with a result obtained in 48 hours. If this is the case either the department or you GP will contact you with the result.

If your child is under 6 months they will undergo further investigation with an ultrasound scan of the kidneys in 6 weeks. Other investigations may be organised by a paediatric specialist if indicated.

Treatment of a urine infection

- Antibiotics may be given for 3 to 10 days.
- Increase the amount of drinks your child has.
- If breast fed, continue to do so.
- If your child is vomiting, then give smaller feeds more frequently.
- If your child has a temperature, you can give paracetamol and/or ibuprofen. Please check the medication label prior to giving to your child.

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Seek immediate medical advice if any of the following occur:

- Unusually sleepy.
- Unable to take oral fluids due to vomiting.
- Your child has not drunk anything all day or not passed urine.
- Your child does not improve within the following 48 hours..

Further Information

For further advice and information about your condition, please choose from the following:

- 'NHS Patient Choices' website: www.nhs.uk
- 'Making Lives Better' patient website: www.patient.info
- Telephone NHS 111
- Contact your General Practitioner

Contact details:

The James Cook University Hospital: 01642 850850
Marton Road, Middlesbrough, TS4 3BW

The Friarage: 01609 779911
Northallerton, North Yorkshire, DL6 1JG

Redcar Primary Care Hospital: 01642 511000
West Dyke Road, Redcar, TS10 4NW

To ensure we meet your communication needs please inform the Patient Experience Department of any special requirements, i.e. Braille/ Large Print.

T: 01642 835964 E: stees.patient.experience@nhs.net

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