

INFORMATION LEAFLET – WARD 22
THE JAMES COOK UNIVERSITY HOSPITAL - TEL: 01642 854522

Ward 22 is a busy children's ward where we care for babies to adolescents who require operations and/or have had an accident. Children's time in hospital can range from a few hours to several weeks depending on what they are admitted for, and what they require.

Family-centred care

Parents are encouraged to be actively involved with their child's care and have 24-hour open access to the ward. We only have the facilities to accommodate one parent overnight but others can visit the ward between 11am and 7pm. Please arrange transport to and from hospital before admission.

What to bring in

If your child is staying in hospital overnight, please bring in nightwear, slippers and toiletries. If your child is coming in just for the day, they will need to bring in very little – just something to keep them amused while they wait for their operation (although we do have lots of DVDs, computer games, books, games and toys on the ward). Please do not bring in electrical items as they cannot be plugged in for safety reasons. If your child has a dummy or a special comfort toy, blanket etc. it is a good idea to bring these in. If your child is taking any medication and/or has inhalers at home, please bring these in.

Food and drink

If your child is having an operation, you will be given instructions on when they need to be 'nil by mouth'. It is important that after this time, your child does not have anything at all to eat or drink – not even a sip of water or chewing gum. After their operation, a drink will be offered, followed by some toast or cereal after about half an hour. Meals on the ward are varied and child-friendly. Resident parents will be offered breakfast and other meals can be purchased if required. There is a hospital restaurant, shops, vending machines and cafes for the purchase of meals and snacks.

Ward safety and security

The hospital has a no-smoking policy. Mobile phones are not permitted. Please do not bring valuable items into the hospital. The doors to the ward are locked – there is an intercom system through which ward staff can open the doors. Please state who you are bringing into hospital/visiting. Your child's name will be put onto a board to let all staff know which bed they are in. If you have any concerns about this, please let your nurse know.

See you soon!