

'Treat as One' Strategy 2018-2021

Background:

Approximately 30% of patients with long term physical health problems have mental health disorders compared with 9% of the general population. 46% of patients with mental health problem also have a physical health condition. The lifespan of people with severe mental illness (SMI) is shorter compared to the general population.

Care is often is fragmented leading to poor outcomes and patient experience. Organisations must address culture and educational strategies to ensure improved care for these patient groups.



