

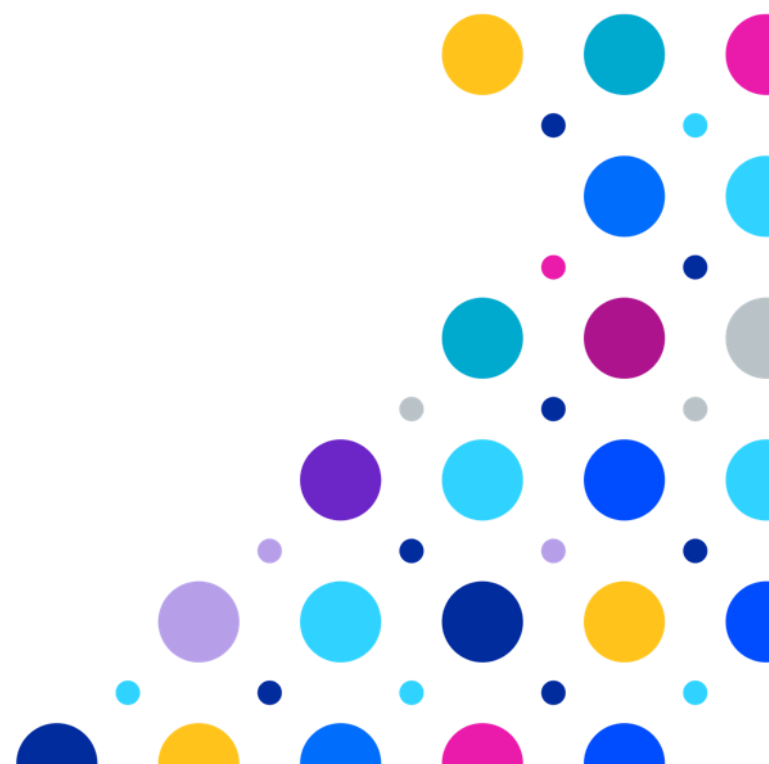
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**South Tees Hospitals**  
NHS Foundation Trust

# Conveen Catheters

Safety and Quality First 





# Conveens



- Conveen catheters are external urinary catheters that are worn like a condom. They collect urine as it drains out of your bladder and send it to a collection bag strapped to your leg. They're typically used by men who have urinary incontinence (can't control their bladder).
- Conveen catheters can be used by both circumcised and uncircumcised men.



## Why choose a conveyen?

- Men often prefer conveyen catheters over internal urinary catheters because they're easier to use, can be changed at home, and are non invasive (that is, nothing is inserted into their body).
- Conveyen catheters are designed for men whose bladders are able to drain urine but who have trouble controlling when it's released. Some of these conditions are:
  - Urinary incontinence.
  - Overactive bladder (OAB).
  - Dementia.
  - Mobility issues.



## Certain situations

Conveen catheters are also used in special situations, such as when:

- a person is going through [alcohol withdrawal](#) and can't control their urination
- a doctor needs an accurate measurement of the amount of urine that is passed to determine an appropriate dose of diuretics or other medications
- an internal catheter can't or shouldn't be used (due to issues such as [urinary tract infections](#), [bladder spasms](#), or [bladder stones](#))



# Advantages

- Conveen catheters have several benefits over internal catheters. For example, they:
- are less likely to cause a catheter-associated urinary tract infection (CAUTI)
- are more comfortable
- cause less movement restriction
- are non-invasive (nothing is inserted in your body)
- are available for home use (can be put on without a doctor or nurse)



## Disadvantages

- can leak if you're using the wrong size and the fit isn't correct
- can cause [skin irritation and breakdown](#) from urine
- are more likely to fall off or leak than internal catheters
- can potentially cause an allergic reaction (from the [latex](#) condom or the adhesive)
- can be painful to remove
- can be easily removed (which is not good for those with dementia)
- can still cause a [catheter-associated urinary tract infection \(CAUTI\)](#), but this is less likely than with an internal catheter



## How to care for a conveyen



- Conveen catheters should be replaced every 24 hours. Throw away the old one unless it's designed to be reusable.
- The collection bag should be emptied when it's about half full or at least every three to four hours for a small bag and every eight hours for a large one.
- Be sure you're using the correct size of conveyen catheter. A doctor, nurse, or healthcare supply provider can help determine what's the best size for use.
- Use a non adhesive conveyen catheter to help prevent irritation from adhesive. An inflatable ring holds it in place.






## How to care for a conveen

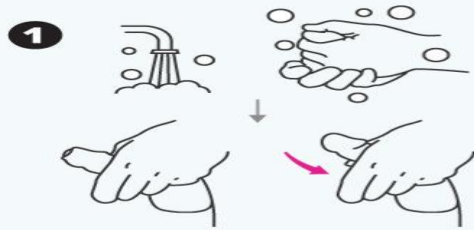


- Use non latex conveen catheters to avoid irritation from latex allergy. They're clear so you can easily look for skin irritations or breakdown
- Keep the bag lower than your bladder to avoid backflow of urine from the bag.
- Securely attach the tube to your leg (below your knee, such as your calf), but leave a little slack so it doesn't pull on the catheter.
- Always wash your hands and the penis well when putting the conveen on and draining the urine bag.
- If removing the conveen is painful, a warm washcloth wrapped around your penis will loosen the adhesive in a minute or so.



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- If necessary, remove the old conveen by rolling — not pulling — it.
  - Using soap and warm water, wash your hands and the penis. Be sure to retract the foreskin (if present) and clean the head of the penis. Pull it back over the head when done.
  - Rinse the penis, and then let it dry completely. Check the penis for irritation or open sores.
  - If you're using a sealant, apply it to the skin on the penis and surrounding pubic area and let it dry.
  - Place the conveen over the tip of the penis and slowly unroll it until you get to the base. Leave enough room at the tip (1 to 2 inches) so it won't rub.
  - If the conveen contains adhesive, hold it against the penis for about 15 seconds.
  - Place the sheath holder around your penis at the base, keeping it slightly loose so it doesn't stop blood flow.
  - Connect the tubing on the collection bag to the conveen. Strap the collection bag to your leg (below your knee) for proper drainage.

## How to put on a condom catheter



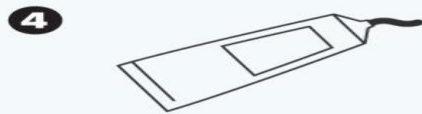
Using **soap and warm water**, wash your hands and penis.



**Rinse**, then let your penis dry **completely**.



**Check** your penis for irritation or open sores.



If using a **sealant**, apply to skin and pubic area.



Place condom over tip of penis and slowly **unroll** to the base.



If condom contains **adhesive**, hold for about **15 seconds**.



Place sheath holder around your penis slightly **loose**.



**Connect** the tubing on the collection bag to the condom.



Strap the collection bag **below** your knee for proper drainage.



THANK YOU