

# PPE requirements for care homes and ISL

Situation	Advice
When within two metres of the individual and carrying out direct personal care to a resident who is COVID +ve, isolating or has respiratory symptoms (examples, giving physical care where there is a risk of contact with body fluid, coughing and sneezing etc.)	<ul style="list-style-type: none"> <li>• Single use fluid repellent surgical mask – single use and changed between each resident</li> <li>• Disposable plastic apron</li> <li>• Disposable gloves</li> <li>• Eye protection (can be single use or cleaned between each resident if reusable)</li> </ul>
When delivering personal care less than 2 metres with residents that are not COVID+ve and have had a negative test.	<ul style="list-style-type: none"> <li>• Fluid repellent surgical mask</li> <li>• Disposable apron</li> <li>• Disposable gloves</li> </ul>
When in 2 metres of anyone	<ul style="list-style-type: none"> <li>• Fluid repellent surgical mask</li> </ul>

Please use a Yellow cleaning equipment to clean isolation room as per guidelines

Donning (as per guidelines) on entering residents room – PPE to be stored outside of bedroom

Doffing (as per guidelines) takes place before leaving the room – please keep clinical waste bin just inside the bedroom to allow doffing on exit.

Personal hand sanitizer is required to ensure hands are free from infection before leaving the room.