

INPATIENT
DINING

FINGER FOOD

Please use this menu to select your Lunch and Evening Meal choices.
You can choose from a hot or cold option and select one dessert.



Please wash your hands or use the wipes provided before each meal.



STARTER

Orange Juice **V R**

Apple Juice **V R**

HOT CHOICES

Roast Chicken & Stuffing
with roast potatoes, Brussel
sprouts and cauliflower **R**

Chicken Goujons
with potato wedges, carrots
and Romana beans **R**

Fish Goujons
with chips and Romana beans **R**

Chipolata Sausages
with diced potatoes and broccoli
R

Pork Meatballs
with roast potatoes broccoli
and cauliflower **R**

Cottage Pie
with roast potatoes and
green beans

Fish cakes
with potato wedges and
cucumber wedges

Ham
with boiled egg and chips

Sausage Roll
with chips and green beans

Omelette
with diced potatoes broccoli and
carrots **V**

Vegetable Nuggets
with chips and green beans **V**

Available with tomato sauce, brown sauce, salad cream and tartar sauce.

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COLD CHOICES

Ham Sandwich
with crisps and salad garnish **R**

Egg Mayonnaise Sandwich
with crisps and salad garnish **V R**

Tuna Mayonnaise Sandwich
with crisps and salad garnish **R**

Cheese Savoury Sandwich
with crisps and salad garnish **V R**



DESSERTS

Chocolate Brownie **V** Lemon Drizzle Cake **R V** Jam Doughnut **V R**

Mini Chocolate Eclair **V R H** Fresh Banana **H V** Chocolate Cake **V H**

In addition to the desserts listed on the finger food menu a hot dessert can be ordered and offered to the patient with assisted feeding.

CODES USED IN THIS MENU

- V** Vegetarian: Free from meat, poultry, fish and all products derived from these. Suitable for vegetarians that consume, milk, eggs and their products. **Vegan menu available.**
- H** Desserts that contain moderate amounts of sugar. Suitable for patients with diabetes.
- R** Renal: Suitable for patients on a low potassium diet.

ALLERGY INFORMATION

If you have a food allergy or intolerance, please advise your Nurse on admission and always inform your Ward Catering Team before you place a meal order.

FISH BONES

Although every care has been taken to remove fish bones from our fish dishes, some may remain. Therefore, please take care when consuming fish dishes.

CARBOHYDRATE INFORMATION

The carbohydrate content of each dish on this menu is available if you require it for carbohydrate counting. Please ask your Ward Host for this information.